



CHRIST AND THE EPIPHANY

VOLUME 29

April 2025

The Paschal Candle

Rev. Charles Kamano, P-I-C



During Easter, Christians globally celebrate the Resurrection of Jesus Christ with the proclamation, “*Alleluia! Christ is risen!*” and the response, “*He is risen indeed! Alleluia!*”

This message is often reflected in church artwork and furnishings. At C&E, although we no longer observe the Great Easter Vigil where the Paschal Candle is first lit, the candle remains symbolic.

So I want to share with you the meaning of the Paschal Candle. The candle itself is designed to portray the good news of Easter. As you can see here in the photo, the Paschal Candle (a large, white candle), is a prominent symbol of the Easter season and the resurrection of Christ.

The term “paschal” originates from the Greek word for “Easter,” which is “pascha,” and derived from the Hebrew word “pesach,” meaning “Passover.” The paschal candle reminds us of Passover, where the blood of a sacrificial lamb on doorposts signified protection from death.

The paschal candle has been used in the Christian church for centuries. It is lit at the start of the Great Easter Vigil and throughout the Easter season. Additionally, it is used at baptisms and funerals, linking these events to the resurrection of Jesus.

A candle’s purpose is to provide light. The paschal candle’s light is introduced in stages to a darkened church and placed next to the lectern as the priest proclaims the Easter message. All other candles are subsequently lit from this one. This symbolizes humanity’s plight in darkness due to sin and death, highlighting our need for divine guidance. Think of the women visiting the tomb early on the first Easter morning, expecting to find it closed with a deceased body inside. Instead, they encountered angels proclaiming Jesus’s resurrection, symbolizing light overcoming darkness.

Jesus, the ultimate Passover Lamb, by his sacrificial death during Passover, spares us from eternal death. His crucifixion and resurrection signify victory over death, depicted through the cross and nails on the paschal candle. The candle also features the Greek letters Alpha and Omega, symbolizing Christ as eternal and encompassing all time. The paschal candle illustrates the truth of Easter,

Worship Services

Every Sunday, 9:00 a.m., in-person and via Zoom

Holy Week and Easter Services

Palm Sunday -

April 13, 9:00 a.m.

Maundy Thursday -

April 17, 6:00 p.m.

Good Friday -

April 18, 6:00 p.m.

Easter Sunday -

April 20, 9:00 a.m.

Sunday, April 27, 9:00 a.m., Harry R. Bartlett Remembrance service

(Zoom connection information at the end of newsletter.)

Events

Tuesdays, continuing through April 22, 7:00 - 8:00 p.m. via Zoom, small group study of the 2025 Living Compass booklet *Living Well Through Lent: Cultivating the Fruit of the Spirit in Heart, Soul, Strength, and Mind* with Diane Villano

starting with the cross and ending with the current year displayed on it, affirming Easter’s relevance today.

In summary, despite various forms of darkness in life, there is light from Jesus Christ, symbolized by the Paschal Candle. “I am the light of the world,” says Jesus. “Whoever

follows me will not walk in darkness but will have the light of life.” (John 8:12) On Easter Sunday at C&E church, we will light our Paschal Candle (bought in memory of Richard Mead) from a new fire. May the light of Christ dispel all darkness in our lives. According to an ancient proverb: “It’s better to light a candle than curse the darkness.” Have a blessed and joyful Easter!



Apr 27 - Leland & Madeline Hubbard

Easter Basket Outreach

The Community Dining Room has asked us to help provide Easter baskets for their April 16 Spring Fling Party, where they'll distribute them to East Haven families with children.

Ken and Kathy Dougherty have been faithful partners in this ministry and appreciation of their service sparked the Community Dining Room call. They will also be reaching out to the other East Haven churches.

We have tentatively agreed to provide 12-18 baskets geared to elementary school children, and a sign-up sheet for specific items has been posted in the upper hall. Along with toys, crafts, and candy, each basket will also contain an Easter pocket prayer card.

The baskets will need to be completed by Palm Sunday, April 13th, when Charles can bless them. Please contact Ken, Kathy, or Diane V with any questions.

Blessings and thank you for your support!



Thrift Store Thank You

Thank you to everyone who helped with this year’s switch from winter clothing to spring/summer clothing in the Thrift Store. Come visit and see the refreshed inventory. Everything always looks so colorful and joyful after the dark colors of winter. Also check out the Easter items in the Seasonal Room!



Thrift Store Tidbit

Astrid Swanson

The Thrift Store is an amazing place. Here are just some of the organizations we support: The East Haven Animal Shelter; Sue Stacey who helps people in New Haven; New Haven Reads; Annarose who helps children in East Haven at the Overbrook School center; and Ken and Kathy Dougherty who help every Wednesday night at the Community Center family free dinner night. Ken and Kathy help with the food, and have given out kids books, clothing and various items from the Thrift Store that kids like. The Thrift Store has also donated sweatshirts, winter hats and gloves, and makeup to the East Haven High School.

Help Wanted

Have you ever wondered what it would be like to be an acolyte, and serve at the altar during a Communion service?

This is your chance to find out! We are down to two servers as of May, so we need more help. Training will be given, shadowing is an option, and you will be paired with George or Audrey until you are comfortable being on your own.

Please speak to either of them if you are interested.



March Vestry Meeting

Next Meeting - The next Vestry meeting will be Sunday, April 13th after the 9:00 a.m. service in the library and via Zoom.

Worship - The Worship Committee will be working to vary the prayers used in our Morning Prayer services to keep things fresh.

Building & Grounds - Barbara will look for a new snow plowing contractor for next winter due to the high cost of our current provider.

Parish Family - Exciting news! Brad, Evelyn and Anthony will all be received into the Episcopal Church on Sat June 7 10 a.m. at Christ Church in Guilford.

General - Reminder to sign up for ECCT Spring Training being held the first week of April. Attendees of the in-person Sat Apr 5 sessions (currently Diane & Susan) will carpool from the church. Register at episcopalct.org.

Ask Audrey! Audrey Sundwall

This month's question - ***Why does the date of Easter change each year?***

Last year, Easter was celebrated on March 31st. Next year it will occur on April 5th and this year it is on April 20th. Why isn't Easter on a set day like Christmas is?

Around the Church

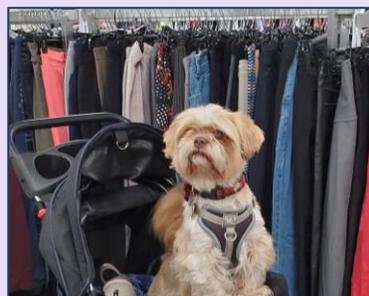
Taize icon



Rev. D Littlepage
Canon for Advocacy, Racial Justice & Reconciliation



Thrift Store



Easter, the most important feast day of the Christian calendar, is known as a "moveable feast." It is always on a Sunday, because it is structured around Jesus' death and resurrection.

The early church tied Easter to the Jewish feast of Passover, because the sacred events took place during that time. In 325 A.D., the Council of Nicaea, (of Nicene Creed fame), standardized the date of Easter by declaring that Easter would be on the first Sunday after the Paschal Full Moon, which is the first full moon after the spring equinox. The dates can range from March 22nd to April 25th.

Once the date for Easter is determined for a given year, the dates of Palm Sunday (one week prior) and Ash Wednesday (back up six weeks from Easter to get the first Sunday of Lent, then back up four more days) can be calculated. Pentecost takes place on the 50th day of the Easter season.

In past times, it was important to have these rules to set the date for Easter. The Book of Common Prayer even includes a way to determine the yearly date, but today we can just look it up on Google. 😊



Apr 16 - Brady Reynolds
Apr 28 - Kathy Dougherty

Intercessory Prayers

Aiden & the Guida Family,
Alexis, Amanda, Amy, Andrew,
Barbuschak Family, Beth Flynn,
Bohdan & Family in Ukraine,
Brandon, Carol Ude, Charlie &
Kris Langlan, Cindy, David &
Irene, Diana, Diane Link,
Debbie, Donna Hodge &
Family, Doreen St. Germaine,
Dot Logan, Doug, Ed, Elaine,
Ellen McDonald, Faith,
Francesca, Gail, Geneva
O'Donnell, Hal Levi, Holly
Chickos, Holly, Jan McDonald,
Jim R. & Family, Joan
Shaffner, Kathy Guida, Kira,
Korey Mollor, Kris, Lauren,
Laurie, Lucas Sundwall, Rev.
Lucy, Matt R., Maureen
McPherson, Mike, Michael M.,
Mila, Minogue Family, Nancy,
Nicole C., Pat Walters,
Rachael, Regina Schwall,
Richard Testa, Sallie
Alexander, Sam W., Susan
Diaz, Tim, Tish, Tricia
Clearwater, Turiano Family

To submit names for the
Intercessory Prayers list please
call or email the church office.
Names will be kept on the list
for three months unless longer
time is requested.



Encouraging Words for Easter

Audrey Sundwall

I am the resurrection and the
life. He who believes in Me,
though he may die, he shall
live. And whoever lives and
believes in Me shall never die.
Do you believe this?
-- *John 11:25-36*

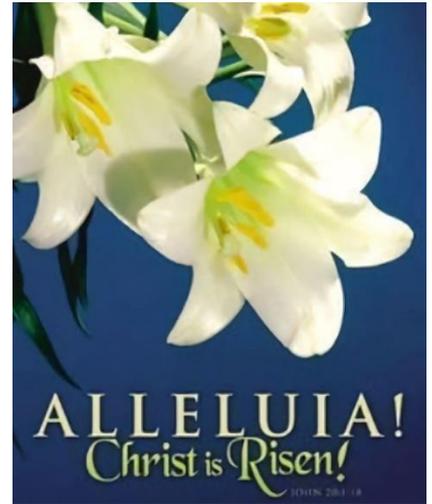
The angel said to the women,
“Do not be afraid, for I know
you are looking for Jesus, who
was crucified, He is not here;
he has risen, just as he said.
Come and see the place where
he lay.”
-- *Matthew 28:5-6*

For since by man came death,
by Man also came the
resurrection of the dead. For
as in Adam all die, even so in
Christ all shall be made alive.
-- *1 Corinthians 15:21-22*

Praise be to the God and
Father of our Lord Jesus
Christ! In his great mercy he
has given us new birth into a
living hope through the
resurrection of Jesus Christ
from the dead.
-- *1 Peter 1:3*

For the message of the cross is
foolishness to those who are
perishing, but to us who are
being saved it is the power of
God.
-- *1 Corinthians 1:18*

In him was life, and that life
was the light of all people. The
light shines in the darkness,
and the darkness has not
overcome it.
-- *John 1:4-5*



Easter Prayer

Helen Steiner Rice

*May this Easter Grandeur
Awaken Faded Flowers of Faith*

God, give us eyes to see
the beauty of the Spring,
And to behold Your majesty
in every living thing -

And may we see in lacy leaves
and every budding flower
The Hand that rules the
universe
with gentleness and power-

And may this Easter grandeur
that Spring lavishly imparts
Awaken faded flowers of faith
lying dormant in our hearts,

And give us ears to hear, dear
God,
the Springtime song of birds
With messages more
meaningful
than man's often empty words

Telling harried human beings
who are lost in dark despair -
'Be like us and do not worry
for God has you in His care.

Service of Remembrance for Harry R. Bartlett

A Service of Remembrance will be held on Sunday, April 27th at 9:00 a.m. for Harry R. Bartlett. He was an East Haven native, and the first East Haven service member to lose his life in World War I. Harry was the son of Charles and Minnie J. Bartlett of Hemmingway Avenue. They owned the Mansfield Grove House at Momauguin for many years.

Harry graduated from Union School in East Haven and Hillhouse High School in New Haven. After graduation, he clerked at L. Candee Co. in New Haven.

He enlisted into the calvary in 1917 and was sent to Europe that same year. His death occurred on April 17, 1918 at Apremont in France. He was 23 years old. His parents had the means to repatriate Harry's remains, so he was buried in East Lawn Cemetery after a funeral at Christ Episcopal Church, Main Street, East Haven.



Harry was a baptized communicant of Christ Church. After his death, his mother, Minnie J. Barlett, donated a Processional Cross to the church in his memory. It is a treasured memorial in Christ and The Epiphany Church today and will be carried on April 27, 2025 during the Service of Remembrance.

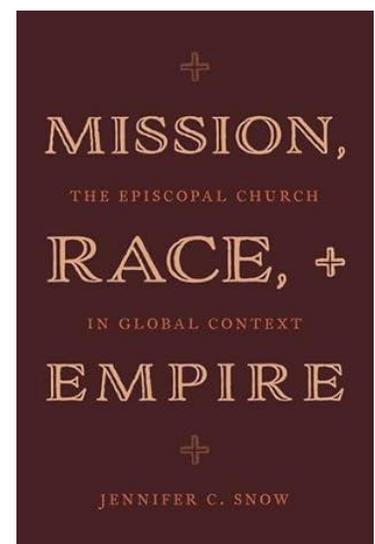
The American Legion post in East Haven, The Harry R. Bartlett Post 89, was chartered under his name in 1920. Members of the post will join our Service of Remembrance on April 27th.



From the Bookshelf Diane Villano

I recently completed an online course from the Church Divinity School of the Pacific (CDSP) with Dr. Jennifer Snow based on her book, "Mission, Race, & Empire, The Episcopal Church in Global Context." Her book covers four centuries of European expansion, as the Church of England "...was planted wherever the British Empire went." Dr. Snow focuses on individuals and groups that have often been marginalized by church leadership, including, in general, remaining silent on the issue of slavery throughout the Civil War. Phrases such as "rector's mastership" and "a more Christian form of slavery" bring home the distance we've traveled and perhaps, how far we need to continue.

I highly recommend the online Center for Anglican Learning and Leadership (CALL) courses available from CDSP. They run for seven weeks and are available in three semesters and are open to anyone - lay or ordained of any denomination or none. For more information, visit cdsp.edu.



ECCT 2024-2025 Prayer Cycle



EPISCOPAL CHURCH IN CONNECTICUT
PARTICIPATING IN GOD'S MISSION

April 6	<p>Parishes: St. George's, Middlebury; Holy Trinity, Middletown; St. Andrew's, Milford</p> <p>Additionally: ECCT Regions & Region Leadership Teams</p> <p>Anglican Cycle of Prayer: Iglesia Anglicana de Chile</p>
April 13	<p>Parishes: St. Peter's, Milford; Trinity, Milton; St. Peter's Grace, Monroe</p> <p>Additionally: Hospital chaplains, Stephen Ministers, pastoral care groups, ministries of healing, wellness programs, recovery ministries</p> <p>Anglican Cycle of Prayer: The Church of England</p>
April 20	<p>Parishes: St. Mark's, Mystic; St. Michael's, Naugatuck</p> <p>Additionally: Clergy whose work is not in parishes, multi-vocational priests, clergy of ECCT whose ministry is carried out in other countries or dioceses</p> <p>Anglican Cycle of Prayer: Hong Kong Sheng Kung Hui</p>
April 27	<p>Parishes: St. Mark's, New Canaan; Christ Church, New Haven</p> <p>Additionally: Parishes in transition, transition teams & interim clergy</p> <p>Anglican Cycle of Prayer: The Church of the Province of the Indian Ocean</p>

Treasurer Report

Susan Shultz

	FEB	(UNDER)/OVER BUDGET	YTD	(UNDER)/OVER YTD BUDGET
INCOME	\$10,714.76	(\$788.07)	\$22,635.54	\$ 447.88
EXPENSES	\$ 8,983.42	\$232.24	\$22,098.97	\$2,161.61
NET	\$1,731.34	(\$1,020.31)	\$536.57	(\$1,713.73)

Notes: While it looks like we are off budget by about \$1,000, we really are fairly on track. Contributions should align back next month and we were great on expenses other than a larger than expected spike (\$550) for snow plowing season.

Next Issue The deadline for the May issue is April 24th. Submissions can be sent to newsletter.christandtheepiphany@gmail.com. For an update to the Intercessory Prayers, Birthday or Anniversary lists, please call the church office at 203-467-2310 or email christandtheepiphany@gmail.com.

Worship Schedule 9:00 a.m. (unless otherwise noted)

	April 6	April 13 Palm Sun	April 17 Maundy Thu	April 18 Good Fri	April 20 Easter
Service	Morning Prayer	Eucharist	Eucharist	Good Friday	Eucharist
Presider/ Officiant	Audrey Sundwall	Rev. Charles Kamano	Rev. Charles Kamano	Rev. Charles Kamano	Rev. Charles Kamano
Crucifer		George Coulombe	George Coulombe	George Coulombe	George Coulombe
Acolyte		Diane Villano	Audrey Sundwall	George Coulombe	Diane Villano
Lay Reader	Pat Walters	Audrey Sundwall	Barbara Parsons	George Coulombe	Brad Conant
Usher	George Coulombe	Pat Walters	Kathy Dougherty Ken Dougherty	Barbara Parsons	Wendy Bellmore Audrey Sundwall
Zoom Tech	Susan Shultz	Susan Shultz	Susan Shultz	Susan Shultz	Susan Shultz
Lead Counter	Pat Walters	George Coulombe			Susan Shultz
Asst Counter	Melanie Miller	Evelyn Conant			Audrey Sundwall

Clergy, Vestry and Staff

Priest-in-charge	Rev. Charles L. Kamano
Senior Warden	Diane Villano
Junior Warden	Barbara Parsons (& Outreach)
Treasurer	Susan Shultz (& Technology)
Clerk	Kristina Langlan
Vestry Member	Ray Clearwater
Vestry Member	Carol Link-Ude (& Altar Guild; Hospitality & Fund Raising)
Vestry Member	Astrid Swanson
Vestry Member	Pat Walters
Vestry Member	Brad Conant
Music Director	Barbara Coulombe
Parish Administrator	Diane Rowley

	April 27
Service	Eucharist
Presider/Officiant	Rev. Charles Kamano
Crucifer	Brad Conant
Acolyte	Audrey Sundwall
Lay Reader	Evelyn Conant
Usher	Pat Walters
Zoom Tech	Susan Shultz
Lead Counter	Astrid Swanson
Asst Counter	Judy Herzman

ECCT continues to experience a shortage of supply clergy for Sunday services. If you know of anyone who might be interested in serving at C&E, please contact the office at christandtheepiphany@gmail.com.

To connect by computer, enter: <https://tinyurl.com/3kbvnb4>, or click on the link on our webpage: www.ChristandTheEpiphany.org

To join by phone call: 929-436-2866, Meeting ID = 763 909 4733, Password = 39

Weekly bulletins are emailed out on Fridays. Zoom is opened around 8:45 a.m. on Sunday.

If you are not receiving the email bulletin, please contact Diane Rowley in the office at 203-467-2310 or christandtheepiphany@gmail.com. If you want or need any help getting connected on Zoom please reach out any time to Susan Shultz at 203-589-1142 or sbshultz@gmail.com.

Christ and The Epiphany Church

39 Park Place
East Haven, CT 06512

Phone: 203-467-2310

Email: christandtheepiphany@gmail.com

Website: www.christandtheepiphany.org

Worship Schedule

Sunday 9:00 a.m. In-Person & Online Zoom Worship
In-person with social distancing and optional masking